



Peace of Mind

"Peace does not mean to be in a place where there is no noise, trouble, or hard work. It means to be in the midst of all those things and still be calm in your heart." - Anonymous

Peace of mind and heart are so important for each of us - students, staff, parents - to be able to live our lives to the fullest. Yet, for many reasons, we can be robbed of that peace. Our social, emotional, mental, and spiritual health can be at risk, and we know that the pandemic has exacerbated mental health needs. MACS is addressing this concern through a new community partnership and collaborative effort.

I am pleased to announce a new partnership with OakLeaf Clinics behavioral health, which is the new provider for MACS' Employee and Student Assistance Program. Among other services, each MACS employee and student is entitled to three counseling sessions per year, free of charge. Please see the flyer attached to this newsletter for more information on how to access services, or go to our website under the Parents section.

In addition to its comprehensive school counseling services, MACS has recently formed a Mental Health Services Committee. This committee is working to develop programs and processes that will best serve the mental health needs of our MACS community. These needs include pandemic recovery. I look forward to seeing the fruits of the committee's work in weeks, months, and years to come.

Please pray for peace of heart and mind for all of our MACS community members, entrusting our prayers to the prayers of Our Lady, the Queen of Peace.



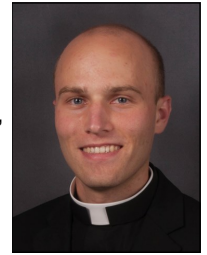
Mrs. Molly Bushman
MACS President

Month of the Rosary

Happy month of October! In the Church, October is the month of the Rosary because of the Feast of Our Lady of the Rosary on October 7. This feast day holds a special place in my family since it was the day that my brother and sister-in-law chose to get married in 2017. They chose that day because they have a special devotion to the Rosary and wanted Mary's help as they began their married life together.

The origins of the Feast of Our Lady of the Rosary go back to 1571 when Christian Europe was under the threat of being overwhelmed by the Ottoman Turks, who were Muslim. The future not only of Europe but Christianity itself was hanging in the balance as the sizable Ottoman fleet met the much smaller Christian fleet in the Mediterranean Sea on October 7. Pope Pius V asked that all of Europe pray the Rosary asking for Mary's intercession, and against all odds, the European fleet came out victorious, saving Europe and Christendom.

No matter what odds we might find ourselves up against, we have the Rosary to remind us that Jesus and His Mother Mary are there to see us through.



Fr. Ethan HoKamp

Mass Intentions Would you like an intention said during Mass at the high school? It could be in memory/honor of a friend, family member or a celebration such as an anniversary or birthday. Contact Fr. HoKamp at e.hokamp@macs.k12.wi.us. Mass stipend is \$10.

October EVENTS Full listing on website.

- Oct 2** Spirit of the Macks silent/live auction event - 6:00 p.m. @ McD
- Oct 4-5** ND - McD Parent-Teacher Conferences scheduled times.
- Oct 10-16** Homecoming week
- Oct 11** Music Boosters Parent Monthly Mtg - 6:00 p.m. @ McD
Faith Boosters Monthly Mtg - 7:00 p.m. @ McD
- Oct 12** SC/HG Parent-Teacher Conferences 3-7 p.m.
- Oct 13** Athletic Booster Mtg - 6:30 p.m. @ McD or Virtual
- Oct 14** SC/HG Parent-Teacher Conferences 3-7 p.m.
- Oct 16** Homecoming Dance
- Oct 21** Education Commission 5:00 p.m. listening session @ McDonell
- Oct 22-29** Diaper Drive
- Oct. 29** **No School** Professional Development and La Crosse Diocese In-service for Teachers



Parenting with the heart of Christ.
Resources for parents with children of all ages.

[TWL Blog](http://www.twl4parents.com) - [twl4parents.com](http://www.twl4parents.com)

Details on the Teaching the Way of Love (TWL) program

<http://www.twl4parents.com/>

Education Technology & Media



Mr. Josh McCormick

Josh McCormick IT Coordinator

j.mccormick@macs.k12.wi.us

This has been a season of change for the IT Department. As of October 1, I will be taking on the role of IT Coordinator. In December of 2020, I received an Associate of Applied Science, Information Technology - Network Specialist Degree from Chippewa Valley Technical College. I started my technology career here at MACS as a Technology Specialist in January 2021. I

am excited to take on my new role to help MACS continue to grow their network, and improve the technology in the classroom. Val Knobloch has transitioned from his role as Director of Technology into his new role as a part-time Media Coordinator & IT Consultant. We thank Val for his years of service, and the work he has done for MACS and his continued support.

MACS has a couple of exciting changes for the 2021-22 school year! We are currently awaiting nine Promethean interactive panels as part of a campus update of the interactive projectors in our classrooms announced last year. Many of our current projectors are showing major signs of wear and are near the end of their life. The new Promethean boards will be a major upgrade from the current projectors, will allow for more functionality in the classroom, and have a longer life expectancy. Each building will be getting three boards in this first phase to replace the current projectors that are at the end of life. We have also made a switch to a more efficient and user friendly web filtering system. As a school system we are required to have internet filtering for students and staff both on campus as well as off campus for any school owned device. We have moved from iBoss to Securly and have been very happy with the change. With Securly we have noticed major gains in network speeds, and better management and monitoring to keep our students safe and secure on the internet.

SCRIP GIFT CARD NEWS



Ms. Kathleen Adams

Kathleen Adams, Executive Administrative Assistant & Scrip Fundraising Coordinator
715.723.0538 ext. 3301 or
k.adams@macs.k12.wi.us

Thank you to all that have kicked off the 2021-22 school year purchasing Scrip! Scrip in one of our top fundraisers and it benefits MACS families, our school system, and

local parishes. Our goal is that we have 100% participation from current MACS families, either purchasing Scrip, volunteering in the Scrip program or both.

- Scrip can be purchased through the Central Office Monday through Friday 10:00 a.m.-12:00 p.m. and Thursdays 4:00 p.m. – 6:00 p.m.

- You can order Scrip through the MACS website, calling 715-723-0538 or emailing k.adams@macs.k12.wi.us

- Scrip can be sent with your child to any school office in the morning and sent home at the end of the day for same day turn around.

- Scrip can be purchased at Holy Ghost, Notre Dame, Sacred Heart and St Peter's parishes on Sundays after mass.

- MACS uses Benefit Mobile as our mobile payment option for Scrip. Contact k.adams@macs.k12.wi.us if you are interested in this option.

- You can pay your following bills through Scrip and earn credit towards your tuition: DJ Mart, Express Mart, Thaler Oil, Eric's Diamonds, Martell Tire and Spring Street Sports.

- One more way other than Scrip that you can support MACS is through [Amazon Smile](https://www.amazon.com/?ref=ast_hm). If you make a purchase through Amazon, log into their website using their Amazon Smile address and select McDonell Area Catholic Schools as your organization of choice and MACS will receive a bounce back.

System Fundraising News



Mrs. Jaynee Brannen

Director of Advancement
j.brannen@macs.k12.wi.us

Planning is well underway for our 14th Annual Spaghetti Spectacular on Sunday November 14. This all system fundraiser needs YOU! Our goal is \$20,000. The money raised at this event goes directly back into the school system and supports what is happening in the classrooms that your children are learning.

How can you help?

- **Volunteer** - we need help, Friday, November 12 through Monday, November 15. Go to [SignUp Volunteer](#) under the Parents link

Mrs. Katrina Geissler
Spaghetti Spectacular
Chairperson

on the website.

Thank you for signing up early!

- **Help you child's class or classroom teacher** - by donating items or organizing their classroom raffle basket.
- **Donate Creamette brand spaghetti** - or send in a monetary donation.
- **Attend the event and purchase raffle tickets.**

See you on Sunday, November 14
#SpagSpec #TheMackWay



14th Annual



Sunday, November 14
Spaghetti Dinner
11:00 a.m. - 6:00 p.m.
Meal Cost: \$10

McDonell Central Catholic
High School

Enter to win fabulous raffle baskets!
Tickets: \$3 each, 3) for \$5, arms
length (18 tickets) \$25

Meal: choice of spaghetti with meat
or meatless sauce, garlic bread, side
salad, and a cookie.

Home and School Association (HandS)

Email: macshomeschool@macs.k12.wi.us

HandS is very excited for a new school year! We look forward to seeing familiar faces and meeting new families. Please join us for our next meeting on November 17 at 6 p.m.. We will send out a reminder as it gets closer. These meetings give us the opportunity to plan fun activities for the students and bring families together.

Sunday, October 10 will be our first family activity at Irvine Park. Please look for more information to be sent home with your child.

Do you need uniform clothing? There is a permanent uniform exchange at St. Charles in the cafeteria and at Holy Ghost downstairs in the closet under the steps. Please help yourself! The Uniform Exchange flier will also be coming home for you to fill out and have uniforms sent back home.

We are always looking for feedback, input and new ideas! We look forward to hearing from you,

Chelsey Lindenberg, President
Barb Berg, Vice President
Samantha O'Connell, Treasurer
Ashley Rubenzer, Secretary



Mrs. Chelsey Lindenberg
President

MACS Athletic Booster Club - Grades 5-12

Email: mcdathboosters@macs.k12.wi.us

McDonell Area Catholic Schools is excited to welcome Ms. Alexis Landherr to continue to grow the tradition of athletic excellence, extracurricular involvement, and servant leadership at our schools.

Ms. Landherr received her Bachelor of Science in Exercise Science from the University of Wisconsin - Superior. She has also received her Master of Arts in Sport Management from Minnesota State University - Mankato.

Most recently, Ms. Landherr served as the Athletics Administrative Assistant for Kenosha Unified School District. She states "I'm grateful for the chance to work for McDonell Area Catholic Schools. Chippewa Falls seems to be a vibrant and rich community. I'm excited and ready to promote learning, expand the sports programs here and work to become part of the faith community."



Ms. Alexis Landherr
MACS Athletic Director

MACS Faith Booster Club

Email: faith@macs.k12.wi.us

With this only being the third year since Faith Boosters was formed, I wanted to take the time to introduce what Faith Boosters does. With the help of our Coordinator of Campus Ministry, Ms. Erica Boehm, and our MACS Chaplain, Fr. Hokamp, the high school and middle school has established a strong and growing faith ministry programs for both grade levels.

With programs such as EDGE for middle school and Dead Theologian Society (DTS) in High School, students find additional ways to help further strengthen their faith and explore their relationship with Christ. In a youth group setting, students participate in fun activities and have peer discussions about their faith and scripture. Along with these programs Campus Ministry also plans retreats throughout the year and also offers special trips to such events as the March for Life and Steubenville Youth Conference.

The Faith Boosters are continuing to help with any financial needs for this year's upcoming retreats, trips and gatherings for Faith Ministries. Faith Ministries and Faith Booster cannot be successful without the help of parent involvement. We invite you to join in the discussion to support Faith Boosters and please feel free to join our monthly meetings and volunteer at our upcoming fundraiser. This year we plan to meet on every second Tuesday of every month at 7 p.m. in the library. One of our fundraisers that we are hoping to hold this school year is our second MACS Kids Carnival on January 30 to kick off Catholic Schools week.

Please contact us if you have any questions or would like to be included in our email list and please send us an email at faith@macs.k12.wi.us. Thank you and God Bless.



Mr. Rolly Enderes
President

MACS Music Boosters

Email: macsmusic@macs.k12.wi.us

Music Boosters is happy to be able to meet face to face this year! We met for our first meeting of the 2021-22 school year on Monday, September 13. A general overview of the year ahead for our club is:

- Host Annual Craft Expo on November 20, 2021. (Many volunteers will be needed for this event)
- Sell ExpressMart carwash packets for early winter (Thanksgiving - Christmas timeframe)
- Host Troppo Big Band night in Spring

2022 (Date TBD)

- Host Fine Arts Night (May 2022)
- Support the Music Trip to New Orleans (Summer 2022)

This summer, multiple music families have spent many volunteer hours serving ice cream from the Kiwanis Ice Cream stand at the Northern WI State Fairgrounds. The feedback regarding this volunteer staff has been excellent in every regard. I would like to personally thank the music families who have put in time for Kiwanis for your effort, your competence, your excellence and your time. I know we'll be asked to participate in this opportunity again in the future!

Our club would like to encourage families who participate in Fine Arts at MACS to come to us when in need, provide us with all your good ideas regarding excellent fine arts opportunities and to join us in the awesome things we do in support of our kids! Thank you to everyone who has provided support to Fine Arts at MACS!



Mrs. Megan McChesney
President



Mrs. Ruthann Proue

SCHOOL COUNSELOR NEWS

Ruthann Proue, Guidance Counselor
 r.proue@macs.k12.wi.us
 715.723.9126 ext. 3317

SENIOR COLLEGE APPLICATIONS

Colleges and Universities have begun accepting applications for admission. The earlier you apply, the sooner you will receive your acceptance letter and be able to move on to other senior year tasks. If you delay in applying, admission offices may develop a backlog of applications which will result in delays in sending out acceptance letters. **APPLY NOW!!** Most schools strongly prefer that you use their online applications. You can find the links to these apps at the college website. The site for applications for all the University of Wisconsin schools is <https://apply.wisconsin.edu>. While some private colleges have free applications, other colleges have fees ranging from \$25 to \$50. After you submit your application, I will mail your high school transcript to the college. The transcript includes all grades and credits earned in grades 9–11, as well as your ACT scores. Transcripts can be sent in person or via email.

ACT

If you plan to take the ACT December 11 test date, you will need to register by November 5 to avoid the late fee. Be sure to list the McDonell code (500 402) so we get your scores. You can and should apply to colleges now. By doing this the school will create a file on you and add to it as they receive your scores. ***Do what you can to keep the application process moving.***

SCHOLARSHIPS

As scholarships come in, a list will be generated which will include the amount and due date. The list will be on the McDonell website. (Under students - click on Scholarships.)

Pay attention to the announcements and due dates as you will have opportunities to apply for many scholarships. Many of the local scholarships which McDonell students earn become available the first semester.

All students should also perform an individualized scholarship search through services such as Fastweb (www.fastweb.com). Fastweb asks questions about you. Using the data you provide they will inform you of scholarships that you are qualified to receive.

All students should contact the financial aid office at their college to find out about scholarships available to students at each school. Please let me know if you have any questions.

Work hard; I guarantee your hard work will pay off.

WI Education Fair (WEF) - Virtual Wednesday, September 22

WEF will continue to be a resource for our students and schools. They are expecting 100 colleges, universities, military branches and specialty schools to participate in the college fair portion. Check out this video on how students register and navigate through the events. You can register now for the WEF. www.gotocollegefairs.com. More information can be found at www.wefs.org.

Financial Aid

ALL FAMILIES should complete the free application for Federal Student Aid (FAFSA) in order to determine eligibility for many scholarships, grants, and student loans. The FAFSA should be submitted as soon as possible after October 1, 2021.

There is an online application at www.fafsa.ed.gov. (DO NOT go to fafsa.com, as that site will charge you at least \$80 for what should be a free application.)

If you are not familiar with the FAFSA process, go to www.studentaid.gov/h/apply-for-aid prior to January to find out what information you will need to submit.

Juniors PSAT/NMSQT - October 13

Not only is this test the National Merit Scholarship qualifying test, it is also a test that assesses the same knowledge and skills as the SAT. The college and career readiness benchmarks are included in assessment reporting to help students understand their level of readiness for college and career training programs. The benchmarks help better understand how many and which students are on track to have the skills necessary for college-entry, credit – bearing courses.

The test will be on Wednesday, October 13.

Sophomores may take the test as a practice test for next year's NMSQT test. The fee is \$20.00 and checks should be made out to MACS. Sign up in the school office ASAP. Test location will be determined.

Junior Meetings with School Counselor

Juniors week will be October 4-8. All juniors and a family adult are invited to come in for a meeting to discuss long term goals and future career plans. We will review transcript, interests and create a senior year schedule. Meetings times can be scheduled between 11:00 a.m. and 6:00 p.m. Please email Mrs. Hughes at (j.hughes@macs.k12.wi.us) with two dates and times that are convenient for you. If your first or second choice of a meeting time is filled, the guidance office will get back to you with the next availability.



STUDENT AMBASSADOR NEWS



Mary Jacobson, Student Ambassador Grades 7-12 Volunteer Coordinator
Mrs.jacobson@macs.k12.wi.us 715.723.9126

Ambassador leaders had a retreat in the summer, planning for the year, and discussing a focus for the school year.

Acts 20:35 really connected with them. I loved that they recognized the meaning behind this. I see this as a sign of their maturity and their generous hearts.

Additionally, they liked the idea of encouraging students to set goals. They adopted the theme of D.R.E.A.M. – Discover Results with Effort, Attitude, and Motivation. This theme was used during orientation to discuss goals and to give the students a chance to take responsibility for those goals. I understand that this is a work in progress but having the conversations and having them put their goals in writing is a good first step. We will reflect at the end of each quarter how their goals are going.

October will be a busy month with continuous work on nursing home newsletters, running a rose sale (watch for more information) through the local Rotary with proceeds going to the Diaper Drive, as well as staff appreciation projects which is also ongoing. Additionally, the leaders are also looking into a social outing that might include fun, games, and a corn maze.

OTHER SCHOOL NEWS

Parent - Teacher Conferences

Notre Dame Conferences are scheduled for Monday, October 5 from 3:45– 5:45 p.m. and Tuesday from 3:45 – 5:45 p.m. Parents and students will have scheduled times.

McDonell Central Catholic conferences are Monday, October 5 and 6 from 3:30 –5:45.m. **Teachers are asking parents and guardians to reach out to them if you would like to discuss your child's progress.**

Photo Permissions and Paperwork

At this time we have several families who have not returned their MACS student information sheets. Without these forms we will assume your child can not be photographed. If they are in a sport it is out of our control if a reporter takes their picture for the newspaper during the event. Thank you for your understanding.

Lifetouch Picture Retake Day

Wednesday, October 27. Picture packets must be returned before retakes will be taken.



YEARBOOK NEWS



Jason Cox, Yearbook Advisor
j.cox@macs.k12.wi.us
715.723.9126 ext. 2202

Yearbook Senior Portraits

One of the highlights of any yearbook is looking at the senior pictures. This year the seniors need to submit in full color, a high quality **head and shoulder pose**.

The pictures will be submitted in a digital format to the publisher for better quality printing. Most photographers will turn in one pose for free so ask them for a digital format. The photographer should send it to j.cox@macs.k12.wi.us. The picture that goes in the yearbook is roughly square in shape.

Please submit pictures in a .jpg format by Monday, Nov. 1, 2021.

Seniors must also supply a hard copy photo to be used for the McDonell Class of 2022 collage. Photo must be 2.5" x 3.5" vertical head and shoulder pose and is due in the school office no later than **Friday, October 22.**

If senior photos are not submitted by the given dates above, the Lifetouch photo will be used for the yearbook and the collage.

MUSIC NEWS



Sean Hanson,
Band Director
s.hanson@macs.k12.wi.us
715.723.9126 ext. 1114

Mr. Sean Hanson



Mark Neppi,
Choral Director
m.neppi@macs.k12.wi.us
715.723.9126 ext. 2216

Mr. Mark Neppi

Please join us for our fall concert this year on Monday, October 25 in the McDonell Central Catholic High School auditorium. The concert will feature our high school band, choir, and jazz band. We hope to see you there!





Principal's Corner

**Mr. Eric Wedemeyer, Principal
St. Charles/Holy Ghost Schools**

With the school year underway, I wanted to express how grateful I am that God continues to guide us every day. The beginning of the school year is all about getting back into routines. There have been interruptions for some, but for the most part, I feel like we're off to a great start to our school year! I am proud of our teachers' ability to adapt and persevere. As always, I thank all of the parents for their continued support in all that we're about.

A program that I am excited to share that we are starting this year is called a "Spiritual Adoption." In this program each of our students will pledge to pray for a baby that is living and growing in the womb for nine months. The child's identity will be unknown to our students, but God will know who the child is. Our students will also learn and see the growth of the child during these nine months. They will have time during their daily religion class to pray for these children during this delicate and vulnerable time.

As we continue this fall, I wanted to remind our families about volunteer opportunities, even during these times we still have ways for you to get involved with your child's education. The Catholic Church teaches that parents are the primary educators of children, and we take that teaching to heart by consistently welcoming parent involvement and input whenever possible. Volunteer opportunities are available at both Holy Ghost and St. Charles. Please contact your student's classroom teacher if you are willing and able. I will always welcome parental input with ideas and look forward to conversations with all of our families. Please do not hesitate to reach out to me with anything.

UPCOMING EVENTS

St. Charles and Holy Ghost Schools – October 2021

- October 2** Spirit of the Macks – 6-10 p.m. at McD
- October 6** SC Mass/HG Mass at 8:30 a.m.
- October 7** Grade 4 Field Trip to Moraine Ice Age Trail
- October 8** Grade 1 Field Trip to Apple Orchard
Grade 2 Field Trip to Irvine Park
- October 10** HandS Family Fun Day – 2-4 p.m.
@ Irvine Park
- October 11** MACS Music Booster Mtg. – 6 p.m. at McD
MACS Faith Booster Mtg. – 7 p.m. at McD
- October 12** SC/HG Parent-Teacher Conferences
– 3:00-7:00 p.m.
- October 13** SC Mass/HG Mass at 8:30 a.m.
MACS Athletic Booster Mtg. – 6 p.m. at McD
(in person and virtual)
- October 14** SC/HG Parent-Teacher Conferences
– 3:00-7:00 p.m.
- October 15** Grade 1 Field Trip to CF Library
- October 20** SC Mass/HG Mass at 8:30 a.m.
- October 21** MACS Education Commission Meeting
- October 22** SC Classroom Parties – Dress-up
- October 27** SC Mass/HG Mass at 8:30 a.m.
- October 28** SC Harvest Hoedown
- October 29** **NO SCHOOL** – Teacher In-Service Day
- November 1** All Saints Day
HG Mass – 8:30 a.m./SC Mass – 12:10 p.m.
- November 2** SC/HG Picture Retake Day



The life journey of a butterfly

Both kindergarten classrooms have been studying the life cycle of a butterfly. The boys and girls watched the caterpillars form chrysalises and emerge as beautiful Monarch butterflies! The students set them free and waved goodbye to them as they began their journey to Mexico!

A kindergarten girl (right) admires a beautiful Monarch butterfly.



Second grade students make autumn colors come alive

Second Graders at St. Charles Borromeo Primary School are learning about the color wheel in an interesting line, oil pastel, and watercolor paint project. After reviewing basic color theory concepts, the children showed mastery of their skills involving line identification, painting brush and watercolor technique, and color identification. "We have such fun in the fall viewing the changing leaves. This season provides our artists a unique opportunity to see God using warm colors in the transition of leaves." said art educator, Mrs. Bekka Beaufeaux. These images will be on display in the hallways of the school throughout the autumn season.



A second grade girl (above) proudly shows off her colorful autumn painting skills. Another student (right) displays his mastery of watercolor techniques. Beautiful fall leaves are the perfect subject to allow the boys and girls to paint using a variety of warm colors.



School safety patrols in action



Holy Ghost fifth grade safety patrols guide boys and girls to their correct buses at the end of the school day (left). The patrols received special training before the school year began on how to keep the students safe.

Fourth grade students discover mirror image printing techniques

Fourth grade students at Holy Ghost Elementary School discussed the elements line and texture in their latest art project: Styrofoam printing. "Through this experience students discover the excitement involved with trying out a style of art not readily available to our society," said art teacher Mrs. Bekka Beaufeaux. "It is important to learn what came before modern electronic printers. Our children love the mirror image prints produced through this process" she continued.



A fourth grade girl (left) uses Styrofoam to print her art piece while one of her classmates (right) shows off his colorful finished project.



Second grade boys and girls enjoy a trip to the apple orchard

St. Charles second grade students visited Bushel and a Peck Apple Orchard to explore the life cycle of apple trees as part of their science curriculum. The boys and girls learned a little about entomology, explored the orchard, enjoyed a tasty treat, and had a friendly class competition through the corn maze!



Second grade boys and girls get a close up look at the cows and sheep grazing at the orchard (above).



"Oh, what fun it is to ride" in a wagon at Bushel and a Peck Apple Orchard (above).

LITTLE MACK MESSENGER

OCTOBER 2021

WHAT IS HAPPENING IN EARLY CHILDHOOD?

Our students have transitioned into their new classrooms! We kicked off the school year with learning about "back to school" in the classrooms. With the constant changing weather, please be sure that your student(s) have appropriate clothing at school. Don't forget to check their extra clothes in their backpacks! Our classes would like to enjoy the outdoor weather while we can so it is important that we are prepared. If you have not yet done so, please be sure to bring in your school supplies to the classroom teacher.

WHAT IS HAPPENING IN 4K?

Our students have been getting into a routine with the new school year. The class has been working hard on our classroom rules as well as introducing our letters and numbers. Although school is just getting started, our class is eager to see what the school year will bring! Please be sure that your student(s) are prepared for the changing weather.



Looking Forward

October 27
4K Halloween party

October 28
No 4K

October 29
Early Childhood Halloween party



ARTISAN CRAFTED, LOCALLY MADE ICE CREAM & WAFFLES

OLSON'S

ice cream®

BACK TO SCHOOL SHARE NIGHT



Help McDONELL raise money in
a sweet way at Olson's Ice Cream!

Olson's Ice Cream is helping our local schools raise money and
build school spirit! McDonell Area Catholic Schools will receive
10% of the proceeds. Go Macks!

3:00 PM - 8:30 PM • OCTOBER 14TH

611 N. Bridge Street, Chippewa Falls

BRING YOUR FAMILY AND FRIENDS AND MAKE SOME SWEET MEMORIES!



Employee & Student Assistant Program

ESAP is a confidential program that helps employees, families & students of the MACS system work through various life challenges that may affect your health, well-being, job performance or school performance.

Mental health is critical to individual well-being, workplace effectiveness, and to the community as a whole. MACS values you as an individual and offers this benefit as a way to support you becoming the best version of yourself. ESAP is a step in the right direction. These services support MACS core goals and mission.

Mental health problems are very treatable and best addressed early-on. These services are offered off-site to provide maximum confidentiality.

ESAP SERVICES INCLUDE:

Three free sessions per year per person, and referrals for additional services that may be needed. The free sessions renew at the start of each school year.

ASSESSMENTS

- Alcohol and drug
- Counseling
 - Work or school stress/conflicts
 - Financial stress
 - Family issues/conflicts
 - Relationship issues
 - Depression
 - Anxiety
 - Trauma related events
 - Grief and loss
- Support
 - Crisis

WHAT HAPPENS AFTER THE THREE SESSIONS HAVE EXPIRED?

You can continue to participate in therapy with Andrea Hess, LPC. Additional visits will be billed to your insurance or self-pay arrangements will be made with you.

REFERRALS

If you need a referral for additional assistance, Andrea Hess LPC can offer a number of options outside of the clinic to continue to work on your mental health or other issues that may be present.

AGES

Seven years of age and up.

SESSIONS

50 minutes of therapy constitutes a counseling session.

COPAY

None

NUMBER TO CALL : (715) 839-9280

The front desk will schedule your initial visit and follow-up appointments with Andrea Hess, LPC.

Please reference code 99750 when calling



OAKLEAFCLINICS.COM