



Employee & Student Assistant Program

ESAP is a confidential program that helps employees, families & students of the MACS system work through various life challenges that may affect your health, well-being, job performance or school performance.

Mental health is critical to individual well-being, workplace effectiveness, and to the community as a whole. MACS values you as an individual and offers this benefit as a way to support you becoming the best version of yourself. ESAP is a step in the right direction. These services support MACS core goals and mission.

Mental health problems are very treatable and best addressed early-on. These services are offered off-site to provide maximum confidentiality.

ESAP SERVICES INCLUDE:

Three free sessions per year per person, and referrals for additional services that may be needed. The free sessions renew at the start of each school year.

ASSESSMENTS

- Alcohol and drug
- Counseling
 - Work or school stress/conflicts
 - Financial stress
 - Family issues/conflicts
 - Relationship issues
 - Depression
 - Anxiety
 - Trauma related events
 - Grief and loss
- Support
 - Crisis

WHAT HAPPENS AFTER THE THREE SESSIONS HAVE EXPIRED?

You can continue to participate in therapy with Andrea Hess, LPC. Additional visits will be billed to your insurance or self-pay arrangements will be made with you.

REFERRALS

If you need a referral for additional assistance, Andrea Hess LPC can offer a number of options outside of the clinic to continue to work on your mental health or other issues that may be present.

AGES

Seven years of age and up.

SESSIONS

50 minutes of therapy constitutes a counseling session.

COPAY

None

NUMBER TO CALL : (715) 839-9280

The front desk will schedule your initial visit and follow-up appointments with Andrea Hess, LPC.

Please reference code 99750 when calling



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